



Subject- Physical Education



Threshold Concepts and Milestones

Threshold Concept		Year 2	Content
<p>Develop practical skills in order to participate, compete and lead a healthy lifestyle</p> <p>This concept involves learning a range of physical movements and sporting techniques.</p>	<p>Games</p>	<ul style="list-style-type: none"> • Develop tactics. • Lead others when appropriate. 	<p>Autumn 1 Ball Games</p> <p>Summer 1 and 2 Football Sport Education</p> <p>In the Autumn term, the children begin by recapping the use of ball skills. This is to support their fundamental skills and continuing skill development. This should help them play more games and develop transferable skills.</p> <p>In the Summer term, the children will take part in football as part of Sport Education. Each week, they will develop skills to play in isolation, before moving onto game situations and a season. As part of this block, the children will be introduced into team dynamics, develop tactics, the wider role of sports and begin to debate key ethical issues. This will also allow them to look at a different world tournament (Euro 2020) in contrast to their Discover term theme of the</p>

			Olympics. This will culminate in a festival day at the Forest in late Summer 2.
	Dance	<ul style="list-style-type: none"> • Move with careful control and coordination. • Link two or more actions to perform a sequence. 	<p>Spring 1 Dance</p> <p>In the Spring term, the children will be doing dances from around the world, building on the theme of Africa in Year 1. Each week, children will learn dance and movements from various areas of the world and then use these to create their own sequence for a performance.</p>
	Gymnastics	<ul style="list-style-type: none"> • Move with some control and awareness of space. • Link two or more actions to make a sequence. • Stretch and curl to develop flexibility. • Jump in a variety of ways and land with increasing control and balance. 	<p>Autumn 2 Gymnastics</p> <p>In Autumn 2, the children will be doing gymnastics. They will continue to develop their gymnastics skills, leading to more complex balances, shapes and rolls. Later, this will involve adding in equipment, such as ribbons and batons, to create a sequence. They will then continue to develop a range of skills using the equipment.</p>

	Swimming	<ul style="list-style-type: none"> • Swim unaided up to 25 metres. • Use one basic stroke, breathing correctly. • Control leg movements. 	Year 2 would normally go swimming, as this is something we have developed in recent years and has seen much improvement. However, due to Covid 19, this has been suspended for the year 2020-21.
	Athletics		<p>In Spring 2, they will then take part in athletics, ready for the summer term, where they will be supporting the younger children in their sports day and taking part in a competitive sports day with Year 3.</p> <p>They will also be looking at the Olympics as part of their Discover term.</p>
	Outdoor and adventurous activities		In addition to the planned PE activities and blocks, children should have the chance to experience the allotment.